

# W.E.S. Athletics

Get involved in our athletic programs next year:



**Cross Country**— Co-Ed, Grades 7-8  
**Volleyball**—Girls, Grades 7-8  
**Girls' Basketball** –7th & 8th Grade Teams  
**Boys' Basketball** –7th & 8th Grade Teams  
**Cheerleading for Boys' Basketball**



\*\*6th graders may tryout for 7th grade basketball teams-there will not be a separate 6th grade team this year

Coaching opportunities are still available for next year:

**7<sup>th</sup> Volleyball**  
**6/7<sup>th</sup> Boys Basketball**  
**6/7<sup>th</sup> Girls Basketball**

## Physicals

All students must have a sports physical completed before their 1st day of participation. The mandatory WES Sports Participation Packets are available in the WES office. Physicals for the 2011-12 School Year must be completed after July 1st. The Trinity Community Health Clinic is graciously offering free physicals during the dates and times:

Day	Date	Time	Provider	Students	Location
Thursday	July 21, 2011	1:15-5:00	Shannon	Girls/Boys	121 Barbara (Dental Clinic)
Friday	July 22, 2011	8:30-Noon	Dr. McElheran	Girls/Boys	Trinity Community Health Clinic
Monday	July 25, 2011	8:30-Noon	Shannon	Girls	121 Barbara (Dental Clinic)
Tuesday	July 26, 2011	8:30-Noon	Dr. McElheran	Boys	Trinity Community Health Clinic

We will book them every 15 minutes. The parents/students can call the clinic at 530.623.4186 or 530.623.5541 x3290 to schedule their appointment. A parent/legal guardian is required to accompany their children) unless we have a signed permission slip stating the purpose and date/time of appointment. It is imperative that the paperwork be completed prior to the visit. If it is not completed, they will be rescheduled.

Please contact WES Athletic Director Kathleen Lynch with any questions at 530-623-6127 ext. 210